

## Montessori School of Fort Myers

Afternoon Snack - Dry goods

Last Edited: 8/2/2018 JMF

Snack	Notes/Ingredients	Brand
Cinnamon Brown Sugar Breakfast Bars	Rolled oats, rye flakes	BelaVita
Craisins	Dried cranberries	Oceanspray
Dried Blueberries		Kirkland
Dried Cherries	Tart Montgomery cherries	Kirkland
Dried Mangoes	Unsulphured	Nature's Finest
Fig bars	Apple cinnamon, blueberry, and raspberry	Nature's Bakery
Granola bars with chocolate chips	no tree nuts,	
Green Pea Crisps	Baked, non GMO	Calbee
Multigrain Crackers	Sesame, flax, quinoa, amaranth, millet, chia, non GMO	Crunch Master
Raisins	Organic	Oceanspray
Veggie Straws	Sweet potato, tomato, potato, and spinach	Sensible Portions
Whole Grain Wheat Thins	100% Whole grain wheat	Nabisco
Wild Rice Crisps	Whole grain brown and wild rice with sesame seeds	Wild Rice Works