

## Montessori School of Fort Myers

### Morning Snack & Flowers Calendar

Primary Environment - Green Door (Ms. Danielle Brill) - Spring 2018

**\*\*\* Parents please bring half of the amount requested at the beginning of the week. Check in with classroom teachers mid-week to determine if more snack is needed.**

Week Of	Name	Snack	Ingredients	Amount Needed for Week	
January 8-12, 2018	Bear A.	Homemade granola	Plain Granola	200	Ounces
			Blueberries	15	Pints
			Honey	20	Ounces
			Flowers	1	Bunch
January 17-19, 2018	Graham B.	Guacamole and pita chips	Avocado	19	Avocados
			Tomatoes	8	Tomatoes
	Jemma G.		Onion	2	Onions
			Lime	5	Limes
			Pita Chips or Blue Corn Chips	75	Ounces
			Flowers	1	Bunch
January 22-26, 2018	Matty B.	Vanilla yogurt with banana slices	Vanilla Yogurt	200	Ounces
	Marley H.		Bananas	75	Bananas
			Flowers	1	Bunch
January 29- February 2, 2018	Cruise C.	Corn and Bean Salad	Canned Black Beans	200	Ounces
			Frozen or Canned Corn	100	ounces
			red onion	1	
			Flowers	1	Bunch
February 5-9, 2018	Locklyn D.	Bagels, cream cheese, and raisins	Bagels - variety of styles	50	Bagels
			Cream cheese	50	Ounces
			Raisins	50	Ounces
			Flowers	1	Bunch
February 12-16, 2018	Valentina D.	Cereal and milk	Whole grain cereal, no nuts	150	Ounces
			Milk, organic 2%	5	Gallons
			Flowers	1	Bunch
February 19-23, 2018	Lilly D.	Apples & Cheese	Apples	70	Apples
			Cheddar Cheese	5	Pounds
			Flowers	1	Bunch
February 26-March 2, 2018	Darya H.	Fruit salad	Strawberries	15	Pints
			Melon	19	Ounces
			Grapes	3	Pounds
	Hope H.		Apples	38	Apples
			Flowers	1	Bunch
March 5-9, 2018	Kellan H.	Veggies and yogurt dip	Broccoli	10	Broccoli heads
	Shea M.		Cauliflower	10	Cauliflower heads
			Baby Carrots	5	Pounds

			Yogurt Dip	200	Ounces
			Flowers	1	Bunch
March 12-16, 2018	Sage H.	Banana Bread and Nut butter	Banana bread	10	Loaves
			Nut Butter	35	Ounces
			Flowers	1	Bunch
March 19-23, 2018	Jackson L.	Peppers & ranch dressing	Red, Green and Yellow Peppers	35	Peppers
			Ranch Dressing	30	Fl. Ounces
			Flowers	1	Bunch
March 26-30, 2018	Penelope M.	Melon fruit salad & cottage cheese	Cantaloupe	6	Melons
			Cottage Cheese	200	Ounces
			Watermelon	4	Melons
			Flowers	1	Bunch
April 2-6, 2018	Jessica P.	Apples & cheese cubes	Apples (variety of colors)	50	Apples
			Cheddar Cheese	5	Pounds
			Flowers	1	Bunch
April 9-13, 2018	Reyaan R.	Vanilla Yogurt & mango	Vanilla Yogurt	150	Fl. Ounces
			Mango	25	Mangos
			Flowers	1	Bunch
April 23-27, 2018	Scarlett R.	Veggies & hummus	Cucumbers	20	Cucumbers
			Peppers	25	Peppers
			Hummus	34	Ounces
			Flowers	1	Bunch
April 30- May 4, 2018	Jozi R.	Pineapple chunks & cheese cubes	Pineapple	8	Pineapples
			Cheddar Cheese	5	Pounds
			Flowers	1	Bunch
May 7-11, 2018	Stella S.	Ants on a Log	Celery	38	Celery Stalks
			Nut Butter	38	Ounces
			Raisins	38	Ounces
			Flowers	1	Bunch
May 14-18, 2018	Ellie T.	Homemade granola	Plain Granola	200	Ounces
			Blueberries	15	Pints
			Honey	20	Ounces
			Flowers	1	Bunch
May 21-25, 2018	Christian T.	Guacamole and pita chips	Avocado	25	Avocados
			Tomatoes	10	Tomatoes
	Connor O.		Onion	3	Onions
			Lime	7	Limes
			Pita Chips or Blue Corn Chips	100	Ounces
			Flowers	1	Bunch
May 28- June 1, 2018	Devon Y.	Vanilla yogurt with banana slices	Vanilla Yogurt	200	Ounces

Keller P.

Bananas

75

Bananas

Flowers

1

Bunch

Conversion: 16 ounces = 1 pound | 128 fluid ounces = 1 gallon

Calendar Created: December 21, 2017