

**Montessori School of Fort Myers**

Toddler East and Toddler West

Snack Calendar - Spring 2018

**\*\*\* Parents please bring half of the amount requested at the beginning of the week. Check in with classroom teachers mid-week to determine if more snack is needed.**

Week Of	Name	Snack	Amount Needed for Week	
January 8-12, 2018	Jude D.	Pears	30	pears
		Sunflower seeds (shelled)	12	ounces
January 17-19, 2018	Charlie C.	Avocado	9	avocados
		Pita Or Corn Chips	5	bags
January 22-26, 2018	Morena O.	Cantaloupe	6	cantaloupes
		Raisins	20	ounces
January 29-February 2, 2018	Olivia S.	Oatmeal (Granola style or instant)	60	ounces
		Apples	30	apples
February 5-9, 2018	Arina I.	Watermelon	6	watermelons
		Tofu	24	ounces
February 12-16, 2018	Finley C.	Mushrooms	24	ounces
		Snap peas	30	ounces
		hummus	30	ounces
February 20-23, 2018	Zak H.	Corn (frozen)	34	ounces
		Black beans (canned)	59	ounces
		Red Onion	2	onions
February 26- March 2, 2018	Gabriel R.	Non-Dairy/Soy Yogurt (plain or vanilla)	90	ounces
		Berries (strawberry, blueberry, etc.)	45	ounces
March 5-9, 2018	Kate T.	Broccoli	7	heads
		Hummus	47	ounces
March 12-16, 2018	Nick C.	Carrots	32	ounces
		Peas (frozen)	43	ounces
March 26-30, 2018	Sebastian B.	Grapes	144	ounces
		Celery	5	heads
April 3-6, 2018	Eden G.	Tomatoes (whatever kind)	18	tomatoes
		Chickpeas (canned)	24	ounces
April 9-13, 2018	Mileena G.	Corn (frozen or canned)	80	ounces
		Edamame (frozen, shelled)	53	ounces
April 16-20, 2018	Benjamin E.	Spinach	72	ounces
		Peppers	12	peppers
		Salad Dressing (no dairy)	2	bottles
April 23-27, 2018	Olivia G.	Pineapple	12	pineapples
		Cucumbers	16	cucumbers
April 30-May 4, 2018	Remy K.	Apple Sauce	120	ounces
		Hard boiled eggs (not peeled)	80	hard boiled eggs
May 7-11, 2018	Alexa J.	Avocado	12	avocados
		Black beans (canned)	124	ounces

May 14-18, 2018	Finley C.	Kale	40	ounces
		Green apples	56	apples
		Honey Mustard Dressing	2	bottles
May 21-25, 2018	Jude D.	Bananas	80	bananas
		Nut butter	28	ounces
May 30-June1, 2018	Zak H.	Tofu	16	ounces
		Tomatoes (whatever kind)	10	each

Conversion: 16 ounces = 1 pound | 16 fluid ounces = 1 pint

Published: December 21, 2017