

Montessori School of Fort Myers
 Morning Snack & Flowers Calendar
 Primary Environment - Green Door (Ms. Danielle Brill) - Fall 2018

Food(s) that are not included in snack menu this semester due to student food allergies:	Peanuts
Food(s) that parents may not send in lunches due to extreme danger food allergies:	Peanuts

Week Of	Name	Snack	Ingredients	Amount Needed for Week	
Aug. 6-10 2018	Jessica P.	Homemade granola	Plain Granola	184	Ounces
			Blueberries	14	Pints
			Honey	18	Ounces
			Flowers	1	Bunch
Aug. 13-17 2018	Scarlett R.	Guacamole and pita chips	Avocado	23	Avocados
			Tomatoes	9	Tomatoes
	Stella S.	Onion	3	Onions	
		Lime	6	Limes	
		Pita Chips or Blue Corn Chips	92	Ounces	
Flowers	1	Bunch			
Aug. 20-24 2018	Cruise C.	Vanilla yogurt with banana slices	Vanilla Yogurt	184	Ounces
			Bananas	69	Bananas
			Flowers	1	Bunch
Aug. 27-31 2018	Darya H.	Corn & Bean Salad	Canned Black Beans	184	Ounces
			Frozen or Canned Corn	92	ounces
			red onion	1	
			Flowers	1	Bunch
Sept. 3-7 2018	Hope. H.	Bagels, cream cheese, and raisins	Bagels - variety of styles	46	Bagels
			Cream cheese	46	Ounces
			Raisins	46	Ounces
			Flowers	1	Bunch
Sept. 10-14 2018	Jemma G.	Cereal and milk	Whole grain cereal, no nuts	138	Ounces
			Milk, organic 2%	4	Gallons
			Flowers	1	Bunch
Sept. 17-21 2018	Connor C.	Apples & Cheese	Apples	64	Apples
			Cheddar Cheese	5	Pounds
			Flowers	1	Bunch
Sept. 24-28 2018	Keller P.	Fruit salad	Strawberries	14	Pints
			Melon	17	Ounces
			Apples	35	Apples
			Flowers	1	Bunch
October 1-5 2018	Carter R.	Veggies and yogurt dip	Broccoli	9	Broccoli heads
			Cauliflower	9	Cauliflower heads
			Baby Carrots	5	Pounds
			Yogurt Dip	184	Ounces
			Flowers	1	Bunch

Oct. 8-12 2018	Parker M.	Banana bread & apple butter	Banana bread	9	Loaves
			Apple Butter	32	Ounces
			Flowers	1	Bunch
Oct. 15-19 2018	Penelope M.	Ants on a Log	Celery	32	Celery Stalks
			Apple Butter	0	Ounces
			Raisins	0	Ounces
			Flowers	1	Bunch
Oct. 22-26 2018	Marley H.	Melon fruit salad & cottage cheese	Cantaloupe	6	Melons
			Cottage Cheese	184	Ounces
			Watermelon	4	Melons
			Flowers	1	Bunch
Oct. 29-Nov. 2, 2018	Shea M.	Apples & cheese cubes	Apples (variety of colors)	46	Apples
			Cheddar Cheese	5	Pounds
			Flowers	1	Bunch
Nov. 5-9 2018	Annastasia V.	Vanilla Yogurt & mango	Vanilla Yogurt	138	Fl. Ounces
			Mango	23	Mangos
			Flowers	1	Bunch
Nov. 12-16 2018	Weston R.	Veggies & hummus	Cucumbers	18	Cucumbers
			Peppers	23	Peppers
			Hummus	31	Ounces
			Flowers	1	Bunch
Nov. 19-23 2018	Charlie C.	Pineapple chunks & cheese cubes	Pineapple	7	Pineapples
			Cheddar Cheese	5	Pounds
			Flowers	1	Bunch
Nov. 26-30 2018	Kellan H.	Ants on a Log	Celery	35	Celery Stalks
			Apple Butter	35	Ounces
			Raisins	35	Ounces
			Flowers	1	Bunch
Dec. 3-7 2018	Ellie T.	Homemade granola	Plain Granola	184	Ounces
			Blueberries	14	Pints
			Honey	18	Ounces
			Flowers	1	Bunch
Dec. 10-14 2018	Graham B.	Guacamole and pita chips	Avocado	23	Avocados
			Tomatoes	9	Tomatoes
	Dora P.		Onion	3	Onions
			Lime	6	Limes
			Pita Chips or Blue Corn Chips	92	Ounces
Flowers	1	Bunch			
Dec. 17-21 2018	TBD	Vanilla yogurt with banana slices	Vanilla Yogurt	184	Ounces
			Bananas	69	Bananas
			Flowers	1	Bunch
Dec. 24-28 2018	TBD	Apples & cheese cubes	Apples (variety of colors)	48	Apples
			Cheddar Cheese	7	Pounds
			Flowers	1	Bunch

Conversion: 16 ounces = 1 pound | 128 fluid ounces = 1 gallon

Calendar Created: July 6, 2018