

Montessori School of Fort Myers

Morning Snack & Flowers Calendar

Primary Environment - Green Door (Ms. Danielle Brill) - Spring 2019

Food(s) that are not included in snack menu this semester due to student food allergies:	Peanuts, Eggs, Tree Nuts
Food(s) that parents may not send in lunches due to extreme danger food allergies:	Peanuts, Eggs, Tree Nuts

Week Of	Name	Snack	Ingredients	Amount Needed for Week	
January 8-11 2019	Cruise C.	Parfait	Plain Granola	200	Ounces
			Blueberries	15	Pints
			Honey	25	Ounces
			Flowers	1	Bunch
January 14 -18 2019	Locklyn D.	Guacamole	Avocado	19	Avocados
			Tomatoes	8	Tomatoes
			Onion	4	Onions
			Lime	9	Limes
	Jemma G.	Pita chips	Pita or Blue Corn Chips	125	Ounces
January 21-25 2019	Darya H.	Vanilla Yogurt with with Banana slices	Flowers	1	Bunch
			Vanilla Yogurt	250	Ounces
			Bananas	94	Bananas
			Flowers	1	Bunch
January 28-February 2019	Marley H.	Corn & Bean Salad	Canned Black Beans	200	Ounces
			Frozen or Canned Corn	125	ounces
			red onion	1	Red onion
			Flowers	1	Bunch
February 4-8 2019	Tommy B.	Bagels, cream cheese, and raisins	Bagels - variety of styles	63	Bagels
			Cream cheese	63	Ounces
			Raisins	63	Ounces
			Flowers	1	Bunch
February 19-22 2019	Arina I.	Cereal and milk	Whole grain cereal, no nuts	250	Ounces
			Milk, organic 2%	8	Gallons
			Flowers	1	Bunch
February 25 March 1 2019	Carter R.	Apples & Cheese	Apples	88	Apples
			Cheddar Cheese	6	Pounds
			Flowers	1	Bunch
March 4-22 2019	Devon Y.	Fruit salad	Strawberries	25	Pints
			Melon	31	Ounces
			Apples	63	Apples
			Flowers	1	Bunch
March 25-29 2019	Shea M.	Veggies and yogurt dip	Broccoli	13	Broccoli heads
			Cauliflower	10	Cauliflower heads
			Baby Carrots	5	Pounds
			Yogurt Dip	250	Ounces

			Flowers	1	Bunch
April 1-5 2019	Stella S.	Banana bread & apple butter	Banana bread Apple Butter Flowers	13 44 1	Loaves Ounces Bunch
April 8-12 2019	Jessica P.	Melon fruit salad & cottage cheese	Cantaloupe Cottage Cheese Watermelon Flowers	8 250 3 1	Melons Ounces Melons Bunch
April 15-19 2019	Sofi K.	Apples & cheese cubes	Apples (variety of colors) Cheddar Cheese Flowers	50 5 1	Apples Pounds Bunch
April 22 -24 2019	Connor O.	Vanilla Yogurt & mango	Vanilla Yogurt Mango Flowers	150 25 1	Fl. Ounces Mangos Bunch
April 29- May3 2019	Dora P.	Veggies & hummus	Cucumbers Peppers Hummus Flowers	20 25 34 1	Cucumbers Peppers Ounces Bunch
May 6- 10 2019	Penelope M.	Pineapple chunks & cheese cubes	Pineapple Cheddar Cheese Flowers	8 5 1	Pineapples Pounds Bunch
May 13- 17 2019	Keller P.	Ants on a Log	Celery Apple Butter Raisins Flowers	38 38 38 1	Celery Stalks Ounces Ounces Bunch
May 20- 24 2019	Scarlette R.	Homemade granola	Plain Granola Blueberries Honey Flowers	200 15 20 1	Ounces Pints Ounces Bunch
May 27 -31 2019		Guacamole	Avocado Tomatoes Onion Lime	25 10 3 7	Avocados Tomatoes Onions Limes
		Pita Chips	Pita or Blue Corn Chips Flowers	100 1	Ounces Bunch
June 3-7 2019		Vanilla yogurt with banana slices	Vanilla Yogurt Bananas Flowers	200 75 1	Ounces Bananas Bunch

Conversion: 16 ounces = 1 pound | 128 fluid ounces = 1 gallon

Calendar Created: December 19, 2019