

Montessori School of Fort Myers

Morning Snack & Flowers Calendar

Primary Environment - Green Door (Ms. Danielle Brill) - Spring 2019

Food(s) that are not included in snack menu this semester due to student food allergies:	Peanuts, Eggs, Tree Nuts
Food(s) that parents may not send in lunches due to extreme danger food allergies:	Peanuts, Eggs, Tree Nuts

Week Of	Name	Snack	Ingredients	Amount Needed for Week	
January 8-11	Cruise C.	Parfait	Plain Granola	200	Ounces
			Blueberries	15	Pints
			Honey	25	Ounces
			Flowers	1	Bunch
January 14 -18	Locklyn D.	Guacamole	Avocado	19	Avocados
			Tomatoes	8	Tomatoes
			Onion	4	Onions
	Lime		9	Limes	
	Jemma G.	Pita Chips	Pita or Blue Corn Chips	125	Ounces
January 21 - 25	Darya H.	Vanilla Yogurt with Flowers with Banana slices	Flowers	1	Bunch
			Vanilla Yogurt	250	Ounces
			Bananas	94	Bananas
			Flowers	1	Bunch
January 28 - February 1	Marley H.	Corn & Bean Salad	Canned Black Beans	200	Ounces
			Frozen or Canned Corn	125	ounces
			Red Onion	1	Red onion
			Flowers	1	Bunch
February 4 - 8	Tommy B.	Bagels, Cream Cheese, and Raisins	Bagels - variety of styles	63	Bagels
			Cream Cheese	63	Ounces
			Raisins	63	Ounces
			Flowers	1	Bunch
February 19 - 22	Arina I.	Cereal and Milk	Whole Grain Cereal, no nuts	250	Ounces
			Milk, Organic 2%	8	Gallons
			Flowers	1	Bunch
February 25 - March 1	Carter R.	Apples & Cheese	Apples	88	Apples
			Cheddar Cheese	6	Pounds
			Flowers	1	Bunch
March 4 - 22	Devon Y.	Fruit Salad	Strawberries	25	Pints
			Melon	31	Ounces
			Apples	63	Apples
			Flowers	1	Bunch
March 25 - 29	Shea M.	Veggies and Yogurt Dip	Broccoli	13	Broccoli heads
			Cauliflower	10	Cauliflower heads
			Baby Carrots	5	Pounds

			Yogurt Dip	250	Ounces
			Flowers	1	Bunch
April 1 - 5	Stella S.	Banana Bread & Apple Butter	Banana Bread	13	Loaves
			Apple Butter	44	Ounces
			Flowers	1	Bunch
April 8 - 12	Jessica P.	Melon Fruit Salad & Cottage Cheese	Cantaloupe	8	Melons
			Cottage Cheese	250	Ounces
			Watermelon	3	Melons
			Flowers	1	Bunch
April 15 - 19	Sofi K.	Apples & Cheese Cubes	Apples (variety of colors)	50	Apples
			Cheddar Cheese	5	Pounds
			Flowers	1	Bunch
April 22 - 24	Connor O.	Vanilla Yogurt & Mango	Vanilla Yogurt	150	Fl. Ounces
			Mango	25	Mangos
			Flowers	1	Bunch
April 29- May 3	Dora P.	Veggies & Hummus	Cucumbers	20	Cucumbers
			Peppers	25	Peppers
			Hummus	34	Ounces
			Flowers	1	Bunch
May 6 - 10	Penelope M.	Pineapple Chunks & Cheese Cubes	Pineapple	8	Pineapples
			Cheddar Cheese	5	Pounds
			Flowers	1	Bunch
May 13 - 17	Keller P.	Ants on a Log	Celery	38	Celery Stalks
			Apple Butter	38	Ounces
			Raisins	38	Ounces
			Flowers	1	Bunch
May 20 - 24	Scarlett R.	Homemade Granola	Plain Granola	200	Ounces
			Blueberries	15	Pints
			Honey	20	Ounces
			Flowers	1	Bunch
May 27 - 31		Guacamole	Avocado	25	Avocados
			Tomatoes	10	Tomatoes
			Onion	3	Onions
			Lime	7	Limes
		Pita Chips	Pita or Blue Corn Chips	100	Ounces
			Flowers	1	Bunch

Conversion: 16 ounces = 1 pound | 128 fluid ounces = 1 gallon

Calendar Created: 2/20/2019